

Are You Ready to Kick the Tobacco Habit?

MTI and Tobacco Free Florida Will Help!

Free tobacco cessation classes for MTI students, faculty, staff and family and friends.



Sign-up for a *free* 2 hour "Tools to Quit Smoking" Class held on campus from 2:30 to 4:30 p.m.

Those completing the course, will receive *free* Nicotine Replace Therapy (NRT) products (valued at approximately \$100).

Monday, February 28 – Main Campus
Wednesday, March 23 – East Campus
Tuesday, April 19 – Main Campus
Tuesday, May 17 – East Campus
Tuesday, June 14 – Main Campus

You'll receive valuable tools and tips that will make quitting easier.



Call the Quit Now Line today to register for the class

1-877-848-6696 or 941-726-5359